

# Empower your student to be ***“Safe, Strong and Free”***



**Our school is providing Virtual CAP Workshops for 6<sup>th</sup> Grade Students. These workshops will help students to:**

- Prevent abuse and bullying
- Be assertive without being aggressive
- Learn self-protection strategies to keep them safe from sexual abuse, abduction and other potentially dangerous situations.

*“Every year, NJCAP trains approximately 100,000 children and 15,000 adults statewide in self-protection strategies.”*

**Reinforce these strategies at home by viewing the video through the link below. Check out the Parent Guide for additional information.**

[NJCAP Program Info Video](#)

[Parent Guide](#)

**“Your participation will make a difference”**

For more information visit us at [njcap.org](http://njcap.org)

For resources visit <https://njcap.org/wp-content/uploads/2020/02/Elementary-Guide-for-Adults-2020.pdf>



“Like” us on **Facebook** at *New Jersey Child Assault Prevention*

*If for any reason you are denying your student the opportunity to attend this workshop, you must notify the building principal, Mrs. Giardina, in writing at [giardinm@eht.k12.nj.us](mailto:giardinm@eht.k12.nj.us)*

***NJ Child Assault Prevention (CAP) is a network of 21 County Offices, a program of the NJ Department of Children & Families and is supported by your local school district.***